

MIDDLEBROUGH AND REDCAR AND CLEVELAND  
STOP SMOKING SERVICE TRAINING

**2019 to 2020**

The following training courses are available to health and community based staff who are interested in delivering smokefree advice and support for people in the Middlesbrough, and Redcar & Cleveland areas.

Registration is via [Eventbrite.co.uk](https://www.eventbrite.co.uk).

Failure to attend or cancel within 48 hours will result in a £25 charge.

### STOP SMOKING INTERMEDIATE ADVISOR TRAINING (Level 2 & 3)

This course and follow up support will enable participants to deliver level 2 & 3 stop smoking services, including support for pregnant women and young people. The sessions include supporting clients to quit smoking tobacco through the delivery of a 12 week programme, including assessment, access to appropriate stop smoking medication and ongoing behavioural support.

Prior to attending the session, delegates are requested to complete the NCSCCT intermediate advisor training.

**On completion of the session all delegates must attend a shadowing session(s) within 6 weeks and complete competency training in practice. In order to deliver stop smoking support in community**

Thursday 25 <sup>th</sup> April 2019 <a href="#">Book tickets</a>	9am to 4pm	Inspire 2 Learn, Normanby, Middlesbrough
Thursday 11 <sup>th</sup> July 2019 <a href="#">Book tickets</a>	9am to 4pm	My Place, Custom House, Middlesbrough
Thursday 26 <sup>th</sup> September 2019 <a href="#">Book tickets</a>	9am to 4pm	Inspire 2 Learn, Normanby, Middlesbrough
Thursday 21 <sup>st</sup> November 2019 <a href="#">Book tickets</a>	9am to 4pm	My Place, Custom House, Middlesbrough

### STOP SMOKING ANNUAL REFRESHER TRAINING FOR ADVISORS

Annual mandatory refresher training for all intermediate stop smoking advisors to maintain knowledge and skills, and keep updated with current guidance and products.

Thursday 16 <sup>th</sup> May 2019 <a href="#">Book tickets</a>	1pm to 4pm	My Place, Custom House, Middlesbrough
Thursday 18 <sup>th</sup> July 2019 <a href="#">Book tickets</a>	1pm to 4pm	Inspire 2 Learn, Normanby, Middlesbrough
Thursday 12 <sup>th</sup> September 2019 <a href="#">Book tickets</a>	1pm to 4pm	My Place, Custom House, Middlesbrough
Thursday 5 <sup>th</sup> December 2019 <a href="#">Book tickets</a>	1pm to 4pm	Inspire 2 Learn, Normanby, Middlesbrough

## SMOKING IN PREGNANCY AND SMOKEFREE FAMILIES TRAINING

This training is suitable for frontline staff who are working with pregnant women and families, who can act as champions to cascade and deliver this valuable information about the risks of smoking in pregnancy and the dangers of second hand smoke to their teams and the public.

Thursday 20 <sup>th</sup> June 2019 <a href="#">Book tickets</a>	2pm to 4pm	My Place, Custom House, Middlesbrough
Thursday 24 <sup>th</sup> October 2019 <a href="#">Book tickets</a>	2pm to 4pm	My Place, Custom House, Middlesbrough
Thursday 28 <sup>th</sup> November 2019 <a href="#">Book tickets</a>	2pm to 4pm	My Place, Custom House, Middlesbrough

